

## Penguin – Paper Plate Activity

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Arts and crafts are great activities to address many skills in occupational therapy. These skills include visual motor integration, grasp on coloring and writing utensils, direction following, sensory integration, attention and many more. Winters in Minnesota call for a plethora of indoor activities to keep the kiddos entertained. Try this penguin paper plate activity with your child to address these skills.



### Materials:

- Paper plate
- Paper (either construction paper or white paper)
- Scissors
- Glue
- Crayons, markers, or paint



### How to:

1. Take the paper plate and fold each side in.

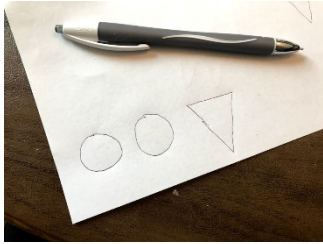


2. Fold the top portion down about 3 inches.



3. Glue or tape those pieces down so they remain flat. You may have to place something on top to hold the sides down until the glue dries.

4. Take the white paper and draw eyes, a beak, and 3 feet for the penguin.



5. Cut them out and color them if you used white paper. Draw pupils in the circles for eyes.



6. On the paper plate, either color or paint the folded portions black.



7. Glue the eyes, beak, and feet onto the plate



Enjoy this cute penguin that you had fun making while working on multiple skills and making memories!