

A Day in the Life of an SLP

5/15/2022

Meet Rose

What is your role as a SLP and what do you do on a day-to-day basis?

I work with children ages 0-18 in a 1:1 therapeutic setting to target a variety of skills including: articulation, receptive and expressive language, social language, fluency (stuttering), feeding disorders, and using alternative and augmentative communication (AAC) devices. My typical day involves seeing 12-14 clients a day for 30-minute sessions to play games and teach facilitating language techniques to enhance communication.

What types of client's do you treat?

I treat a variety of clients who have different communication disorders including: Autism, Down Syndrome, chromosomal-genetic disorders, ADHD, sensory processing deficits, cleft palate, cerebral palsy, dyslexia, dysgraphia, executive functioning deficits, oral motor weakness, and dysphagia.

Who are your coworkers? Are you in a team environment?

At the Minnetonka, MN location, I work with 4 SLPs, 8-10 OTs/COTAs, one clinical director, and a medical administrative assistant. We share clients and collaborate weekly to provide effective treatment.

What keeps you motivated to go to work each day?

Working with parents and coaching them on strategies to improve their child's communication skills. They are so appreciative and grateful for all the work that we do! Their response to our techniques motivates me weekly.



Current Job Title:

Speech and Language Pathologist (SLP)

Length of Time at Current Job:

4 years at SunnyDays and 7 years in the field

What do you like best about your job?

I love getting creative and interacting with little kids all day. We get to play games and use our imagination! Most importantly, we always make sure we are having FUN!

What do you say is the hardest part about your job?

Due to working with children with communication deficits, we often see maladaptive behaviors occurring since they have trouble expressing their wants and needs. Managing behaviors will be an ongoing challenge yet it is VERY rewarding once communication has improved and behaviors have decreased!

Do you have any advice for those seeking a career in speech therapy?

The best part about our profession is that you can work with the entire life span and in a variety of different settings including schools, private practices, hospitals, skilled nursing facilities, and even home visits. You will never get bored and can always find a way to learn more and continue to evolve as a therapist. Start shadowing other SLPs now and ask lots of questions. It is one of the most rewarding careers you will find!

If you want to learn more about what an SLP does, look at the American Speech-Language-Hearing Association's website or click this link.

<https://www.asha.org/slp/>