

Salt Painting Craft

5/15/2022

By: Shelby Hagedorn, COTA/L

If your child enjoys art, playing with sand, or just needs something to do then this is the project for them. You can do this project inside or outside the house. This project targets sensory input, handwriting skills, utensil grasp, hand strength, and fine motor skills.



Materials

- Construction paper or regular printer paper
- Liquid Glue
- White Salt
- Paint (watercolors work the best)
- Paint brush
- Cup of Water
- Cooking Sheet (to prevent salt from getting everywhere)

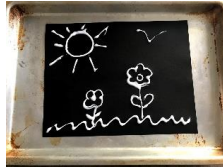


How To

1. Place a piece of paper on the tray



2. Using the glue, create a picture or pattern on paper



3. Sprinkle salt over the glue and shake the extra salt off into the tray. Try to save the salt for another project



4. Let dry
5. Shake the extra salt off into garbage

6. Paint the salt and be creative



7. Let dry and then enjoy!