



Ways to Work on Articulation on Car Rides

11/5/2021

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With school, work and extra activities-we understand that finding extra time throughout the day to practice and implement home programming ideas can be tricky! With all the driving to and from places, the car may just be the perfect place for practicing speech!

Car rides provide a great 1:1 time for the parent and child and since you are 'stuck' in a car anyway, why not make the car ride even more productive! For children who are working on articulation (saying specific speech sounds), have their therapist provide you with a list of target words or sounds that they are working on. Here are a few activities to do with that list of words:

- ❖ For younger children, pictures with their target sounds work best for more independence. The child can practice their target sounds by naming the picture while a parent provides feedback for them.
- ❖ For older articulation children, they can practice reading the words out loud or playing 'I spy' games such as 'spying' things outside or inside the car with their target sounds.
- ❖ To make an activity even more fun and challenging, you can think of a category such as foods and have the child name foods that contain their targeted speech sound (ex: tell me 3 foods that start with 'S').

Give these ideas a try on your next car ride!

