

# Quarantine & Isolation



## Close Contacts

You do not need to quarantine if...

- You are 5 years old or older and have completed ALL recommended vaccine doses, including a booster.
- You had COVID-19 in the past three months.

- You test positive.
- You come in contact with someone positive for COVID-19 outside of your household.
- Someone in your household tests positive & you CAN mask at home/in-clinic (discuss prior to return)

## 10 Days

Quarantine or isolate for 10 days if...

## 15 Days

Quarantine for 15 days if...

- Someone in your household tests positive and is masking but you are not masking.
- *Example: Child's parent tests positive and is masking but the child is not. Child may return to in-person sessions after 15 days.*

- Someone in your household tests positive and all family members cannot mask or isolate at home.

## 20 Days

Quarantine for 20 days if...

## Masking

- Please discuss alternate quarantine periods with someone at our clinic if your child *IS* able to wear a well-fitting mask to their therapy session.
- mask mandates may be in effect depending on location

- All visitors must pass a health screening to enter our clinics.

## Health Screening

For more information, please visit:

Close Contacts and Quarantine: COVID-19 - Minnesota Dept. of Health ([state.mn.us](https://state.mn.us))

If you have any questions about our current COVID-19 guidelines, please call our clinic: 952-223-2506